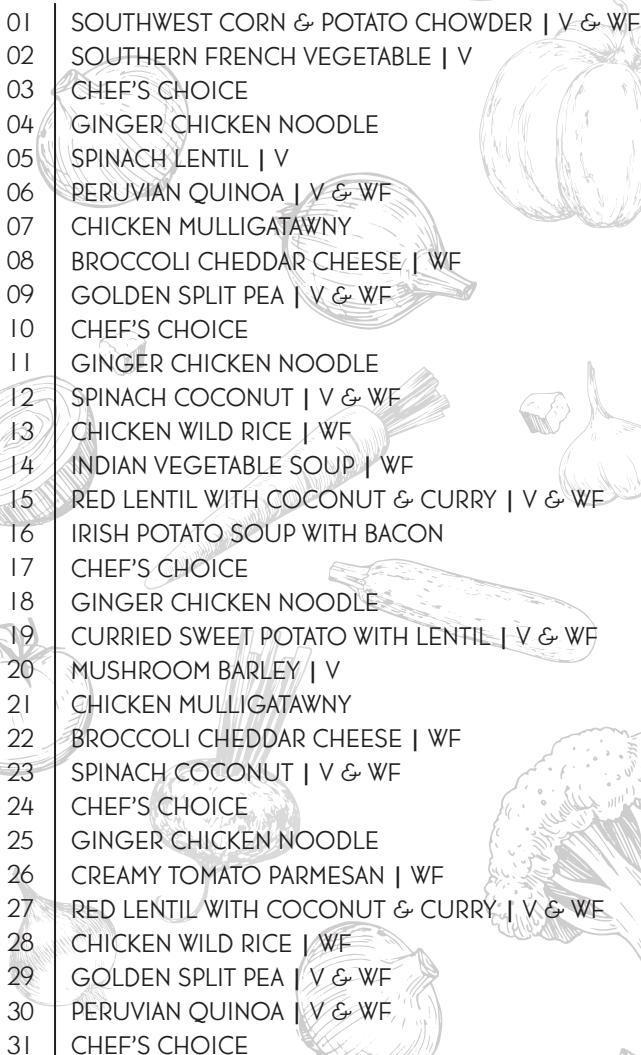


MARCH SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE FROM SCRATCH USING OUR FROM-SCRATCH STOCK, FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

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- 01 | SOUTHWEST CORN & POTATO CHOWDER | V & WF
 - 02 | SOUTHERN FRENCH VEGETABLE | V
 - 03 | CHEF'S CHOICE
 - 04 | GINGER CHICKEN NOODLE
 - 05 | SPINACH LENTIL | V
 - 06 | PERUVIAN QUINOA | V & WF
 - 07 | CHICKEN MULLIGATAWNY
 - 08 | BROCCOLI CHEDDAR CHEESE | WF
 - 09 | GOLDEN SPLIT PEA | V & WF
 - 10 | CHEF'S CHOICE
 - 11 | GINGER CHICKEN NOODLE
 - 12 | SPINACH COCONUT | V & WF
 - 13 | CHICKEN WILD RICE | WF
 - 14 | INDIAN VEGETABLE SOUP | WF
 - 15 | RED LENTIL WITH COCONUT & CURRY | V & WF
 - 16 | IRISH POTATO SOUP WITH BACON
 - 17 | CHEF'S CHOICE
 - 18 | GINGER CHICKEN NOODLE
 - 19 | CURRIED SWEET POTATO WITH LENTIL | V & WF
 - 20 | MUSHROOM BARLEY | V
 - 21 | CHICKEN MULLIGATAWNY
 - 22 | BROCCOLI CHEDDAR CHEESE | WF
 - 23 | SPINACH COCONUT | V & WF
 - 24 | CHEF'S CHOICE
 - 25 | GINGER CHICKEN NOODLE
 - 26 | CREAMY TOMATO PARMESAN | WF
 - 27 | RED LENTIL WITH COCONUT & CURRY | V & WF
 - 28 | CHICKEN WILD RICE | WF
 - 29 | GOLDEN SPLIT PEA | V & WF
 - 30 | PERUVIAN QUINOA | V & WF
 - 31 | CHEF'S CHOICE

MAMA'S VEGGIE CHILI SERVED DAILY

OUTPOST
NATURAL FOODS

WF = wheat free | V = vegan

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.